

GYM B

North Area Family YMCA

JULY & AUGUST 2010

See Reverse Side for Gym A Schedule

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
5:30	During Special Events, the Gym may be closed - We try to post these times in advance.	OPEN (all ages)	OPEN (all ages)	OPEN (all ages)	OPEN (all ages)	OPEN (all ages)	OPEN (all ages) 5:30 - 8:00	5:30	
6:00								6:00	
6:30									6:30
7:00			5:30 - 7:30		5:30 - 7:30		5:30 - 7:30		7:00
7:30			AOA Walk 7:30 - 8:30		AOA Walk 7:30 - 8:30		AOA Walk 7:30 - 8:30		7:30
8:00		OPEN (all ages) 8:00 - 1:20	OPEN	5:30 - 9:00	OPEN	5:30 - 9:00	OPEN	Adult Fl. Hockey 8:00 - 10:00	8:00
8:30			Sweetheart 9:00 - 10:30	Sweetheart 9:00 - 10:30	Sweetheart 9:00 - 10:30	Sweetheart 9:00 - 10:30	Sweetheart 9:00 - 10:30		8:30
9:00								9:00	
9:30								9:30	
10:00		Youth Sport of All Sorts 10:30 - 1:30 (on rainy days)	Kinder Sports 10:30 - 12:30 (on rainy days)	OPEN 10:30 - 11:30	OPEN 10:30 - 11:30	Kinder Sports 10:30 - 12:30 (on rainy days)	Adult Badminton 10:00 - 12:00	10:00	
10:30				Youth AM Summer Soccer 11:30 - 2:30 (on rainy days)	Youth Sports Trio 11:30 - 1:30 (on rainy days)			10:30	
11:00								11:00	
11:30								11:30	
12:00			OPEN (all ages) 12:30 - 5:00			OPEN (all ages) 12:30 - 6:00	OPEN (all ages) 12:00 - 3:00	12:00	
12:30								12:30	
1:00		OPEN (all ages) 1:30 - 6:00			OPEN (all ages) 1:30 - 6:00			1:00	
1:30								1:30	
2:00								2:00	
2:30				OPEN (all ages) 2:30 - 5:30				2:30	
3:00							AAU Basketball Practice 3-5 pm	3:00	
3:30								3:30	
4:00								4:00	
4:30								4:30	
5:00	Adult Competitive Basketball 1:20 - 10:00 pm		OPEN (all ages)		Pick Up - 3 on 3 Games 5:00 - 6:00		OPEN 5:00 - 6:00 (all ages)	5:00	
5:30				Tween Basketball League				5:30	
6:00			Open Tween & Teen Co-ed Basketball	Pick Up - 3 on 3 Games 5:00 8:00 No Full Court Games	5:30 - 7:00	Member Basketball 6:00 - 10:00	Open Tween & Teen Co-ed Basketball		6:00
6:15			6-6:45 8-9 yr.				6-6:45 8-9 yr.		6:15
6:30			6:45-7:30 10-12 yr.				6:45-7:30 10-12 yr.		6:30
6:45			7:30-8:15 13-14 yr.		Teen Basketball League		7:30-8:15 13-14 yr.	Summer Weekend Hours July 3 - Sept. 10 Sat. 6 am - 6 pm Sun. 8 am - 5 pm	6:45
7:00			8:15-9:00 15-17 yr.		7:00 - 9:30		8:15-9:00 15-17 yr.		7:00
7:30			Minimum of 6 players to run the program	OPEN (ages 17 & under)			Minimum of 6 players to run the program		7:30
8:00			OPEN (ages 17 & under)	Pick Up - 3 on 3 Games 8:00 - 10:00					8:00
8:15									8:15
8:30								8:30	
8:45								8:45	
9:00		Pick Up - 3 on 3 Games 8:30 - 10:00						9:00	
9:30								9:30	
10:00						OPEN (ages 17 & under) Pick Up - 3 on 3 Games 8:30 - 10:00		10:00	

The gym may have limited availability during thunder storms due to our Camp Y-Noah Program 315-451-2562